

Dr. Howard Alan Guest

March 16, 1929 to February 23, 2009

Howard died in the Jubilee Hospital after a lengthy illness. His family is appreciative of the excellent care he received from medical and nursing staff and other caring and capable health care professionals. He was predeceased by his older brother, George who was killed in WW2 and a younger brother, Bill who died five years ago, survived by his widow, Marla.

A very gentle man, Howard will be sorely missed by Sheena, his wife of fifty four years and by his two sons of whom he was very proud; Stuart [Lynne, Lara and Neil] of Edmonton and Donald [Cathy, Phillip and Christopher] of Calgary and by many extended family members and friends. Howard was accepting of others, but held himself to a high standard in all things.

In 1953 on graduation from the Faculty of Medicine at Queen's University, he spent an internship year in New England where he met his future wife Sheena Stuart, a medical graduate from the University of Glasgow. In June 1954, they were married in Scotland returning to Canada to practice medicine in Winnipeg until retiring in 1987 when they moved to the West Coast.

In retirement Howard found more time to devote to his long standing interest in history and where he formerly jogged, clocking over two thousand miles each year and completing the Winnipeg Marathon in 1980; he now was content to walk his dogs.

In lieu of flowers please consider a donation to your favourite charity.

A Memorial Service will be held at 9:30 a.m. on Saturday, February 28th in MCCALL BROS. FLORAL CHAPEL, Johnson & Vancouver Streets, Victoria, BC.