

Doctor Robert Douglas (Bob) Forrest

Bob passed away peacefully January 13th, 2016 in the loving presence of his wife. Born August 15th, 1943 in Moose Jaw, Saskatchewan, Bob was predeceased by his mother, Verna Forrest and father, Robert M. Forrest. He is survived by his wife, Susan Speight Forrest; sons, John (Katrina) and Brian; sisters, Lynne Pippin, Gail Mitchell (Alan), and Dawn Maddess; along with numerous nephews, nieces, and friends. He will be dearly missed.

Bob excelled in academics and sports. He loved basketball (a great right hook!) and a good game of tennis. He completed his MD at the University of Saskatchewan and then went on to McGill University for his Neurology residency. He acquired encephalitis when working on the children's unit at Montreal Children's Hospital. Against all odds, he relearned to speak and walk again, and then went on to relearn his medicine and practiced for many more years in Montreal, Saskatchewan and B.C.

Bob was a man of incredible perseverance, tenacity, and resilience. Well respected by his peers and a mentor to many.

Thank you to Oak Bay Kiwanis Pavilion for their outstanding care and compassion and to Ron Postl, a shining star in Bob's life for the past 4 years.

In lieu of flowers, donations to Victoria Epilepsy and Parkinson's Centre, or Victoria SPCA in memory of Bob would be greatly appreciated.

A summer celebration of Bob's life will be held for family and close friends.

"Hold fast to dreams

for if dreams die
Life is a broken-winged bird
that can not fly”

Condolences to the family may be offered below.

McCall's Funeral Home

www.mccallbros.com