Helen Catherine Denny

Helen Catherine Denny (Watson) passed away peacefully on March 16, 2009. Helen was born in Edmonton to James and Isabel Watson on February 12, 1916. In her teens, she moved to Victoria, where her father opened “The English Sweet Shop” on Yates Street. She attended Sprott Shaw College and worked at Andrew Sheret Ltd. Through the Beaux Arts Club, Mom met Roy Denny who convinced this prairie girl to sail away with him. They married March 19, 1939 and together they raised four children, travelled the world and enjoyed a wonderfully long and fulfilled life. Helen is predeceased by her parents and brother, Bill Watson. She is survived by her devoted husband, Roy; her children, Derek Denny (Lene), Sue McGorman (Bruce), Cathy Denny (David Anderson), John Denny (Sharon); seven grandchildren, Kyle Denny (Heather Clark), Kwyn Maxwell (Aaron), Simon, Dane and Danica Straith, Lee and Shannon Denny as well as 4 great-grandsons; Nathan and Aidan Denny, Noah and Keaton Maxwell. Helen is also survived by her much loved sister, Dorie Salter (Al) in Edmonton and her sister-in-law, Elsie Adamson of Victoria; numerous cousins and many nieces and nephews. Above all, Mom was truly devoted to her large family and wide circle of friends. She was an energetic hostess and always up for a party! Known for her great sense of humour, shrewd Scottish heritage and the ability to juggle many hats, she cared deeply for us all in her entirely sensible and no-nonsense way. Her friends have treasured memories and we thank them all for their love, support and gift of friendship. The family wishes to thank the staff of Sunrise of Victoria who in their professional roles showed much appreciated love and commitment. Helen was a member of P.E.O. and enjoyed many happy hours playing bridge and golf at the Victoria Golf Club.

A Celebration of Life will be held at The Victoria Golf Club on Tuesday, March 24, 2009 at 2:00 pm. Flowers are gratefully

declined but for those so wishing a donation to the C.N.I.B., 2340 Richmond Avenue, Victoria, BC, V8R 4R9 would be appreciated.