

# James William Sargent

Survived by his three children, Solveig Brickenden (Dal), Stig Sargent (Irene) and Kristina Bird (Greg) and grandchildren, Stefan, Christopher, Dominique, Devon, Alia, Gene and James; Jim died on August 1, 2011. Jim was predeceased by his loving wife, Ann Marie in 2001.

His illustrious career began with the Kings Own Scottish Borders in 1941. In 1948 he married Ann Marie and the following year served in Korea and Palestine. In 1954 Jim brought his family to Ontario, Canada and served in the Canadian Armed Forces as a master bassoonist and band librarian. In 1964, he moved the family to Victoria to work in the Armed Forces School of Music. Further careers included teaching in Victoria/Sooke School Districts, accounting in Dockyard until retirement. His greatest joy though, came from his running career spanning from his early 60's to mid 80's. His list of achievements include twice completing the England Coast to Coast Walk, several Victoria Marathon's until age 75, an inspirational member of the Harriers, at age 80, won 2 gold and 2 silvers at the 2003 Chilliwack Senior Games. The following year Jim set the Canadian National running record in the 8K. His abbreviated life story was included in the book "Super Seniors".

A Celebration of his life will be held in MCCALL BROS. FLORAL CHAPEL, Johnson & Vancouver Streets, at 2:00 pm Monday, August 8, 2011. Condolences may be offered to the family at [www.mccallbros.com](http://www.mccallbros.com).