

Keith Fitzgerald Scott-Polson

Keith passed away suddenly and without suffering, in the evening of November 22, 2018 at Victoria, British Columbia. Keith is the son of Ken and Louisa Scott-Polson who raised their family of seven at Cordova Bay and later Sidney, British Columbia. Keith is predeceased by his sister April and brother Gregory, and is survived by his parents Ken and Louisa; brothers Cameron (Julie), Randy and sisters Lori and Valentina (Richard); his nieces Kate (Mathew), Danielle (Nico) and Nina; his nephews Oliver and Callam; great-nephews Waylon and Wilde.

Keith worked at Professional Components in Sidney and later at PSC Natural Foods in Victoria as an accounting clerk. Keith had boundless energy and would commute on his bike 40 km to and from work in all weather conditions. Keith is also well known for being generous with his time and energy, often giving up his evenings and weekends helping family and friends with projects. Keith had a passion for fitness and healthy living and was never far from a pair of running shoes, a bicycle or a yoga mat.

Keith's kind spirit, strength and generosity will live on in the hearts of his family and friends forever.

A Celebration of Life will be held at Duncan Meadows Golf Course, 6507 North Road, Duncan, BC on Saturday, December 8, 2018 from 12:00 to 3: 00 pm.

Condolences may be offered to the family below.

McCall Gardens

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